

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p align="center"><b>NEVER A DULL MOMENT DAILY ENRICHING ACTIVITIES SAMPLE CALENDER</b></p>	<p align="center"><b>1</b></p> 10:00 Rock To The Beat 10:45 Morning Trivia 1:00 <b>Donut Social</b> 2:00 Bingo Fun 3:00 Beauty Station 4:00 Spades of Fun 6:00 Travel Channel	<p align="center"><b>2</b></p> 10:00 <b>Gentle Fitness/ Gym</b> 10:45 Morning Trivia 1:00 <b>Taste Testing w/chef</b> 1:45 Black Jack 3:00 <b>Walk on the Bay</b> 4:00 Outdoor Painting/Craft 6:00 Movie Night	<p align="center"><b>3</b></p> 10:00 Chair Exercise 10:45 Price is Right 11:30 <b>Back Yard BBQ</b> 11:00 <b>Coronado Shopping</b> 1:00 Afternoon Trivia 1:15 <b>Scenic Bus Drive</b> 2:00 Bridge Club 3:00 Women's Club 6:00 Knitting/Quilting Club	<p align="center"><b>4</b></p> 10:00 Chair Exercise 10:45 <b>Ambassador Meeting</b> 1:00 Tails, Tunes, & Trivia w/Charlotte 2:00 Prize Box Bingo 3:00 <b>CRV Got Talent Show</b> 4:00 Beads /Jewelry making 6:00 Karaoke contest	<p align="center"><b>5</b></p> 9:00 Bible Study 9:30 First Friday Communion 10:00 Chair Pilates 10:45 Monthly Chronicle 1:00 Afternoon Trivia 2:00 Table Games, Cards 3:00 <b>Happy Hour w/ Live Music Entertainment</b> 4:00 Gentle Massage	<p align="center"><b>6</b></p> 10:00 Move To The Beat w/Friends 10:45 Morning Trivia 1:00 Movie Buffers Club 1:30 Bridge Club 3:00 Church Services 4:00 Social Hour 6:00 Reading Club	
	<p align="center"><b>7</b></p> 10:00 Yoga/Stretch Exercise 10:30 <b>Sacred Heart Church</b> 10:45 Coffee & Chats 1:00 Afternoon Trivia 1:45 Black Jack 3:00 <b>Sunday Fun day w/ Compassion Kids</b> 4:00 Arts/crafts Station 6:00 Sunday Cinema	<p align="center"><b>8</b></p> 10:00 Rock To The Beat 10:45 Morning Trivia 1:00 <b>Taste Testing w/ Chef</b> 2:00 Bingo Fun 3:00 Beauty Station 3:40 Uno Challenge 4:00 <b>Garden Walk</b> 6:00 Travel channel	<p align="center"><b>9</b></p> 10:00 <b>Gentle Fitness/ Gym</b> 10:45 Morning Trivia-LR 1:00 <b>Travel The World/ Cultural day</b> 2:00 Black Jack-HR 3:00 <b>Poolside at the Marriott</b> 4:00 Outdoor Painting/Craft 6:00 Movie Night	<p align="center"><b>10</b></p> 10:00 Chair Exercise/ GYM 10:45 White Board Fun 11:00 <b>Shop at Walmart</b> 1:00 Afternoon Trivia 1:15 <b>Scenic Bus Drive</b> 2:00 Bridge Club 2:45 Cranium Crunches 4:30 <b>Dinner Outing</b>	<p align="center"><b>11</b></p> 10:00 Chair Exercise 10:45 10 Second Rule 1:00 Tails, Tunes, & Trivia 2:00 <b>Village Theatre</b> 3:00 Prize Box Bingo 3:30 <b>Staff Bake Off Contest! Cast Your Vote For The Best</b> 6:00 Karaoke contest	<p align="center"><b>12</b></p> 9:00 Bible Study 10:00 Chair Pilates 10:45 Who am I 1:00 Afternoon Trivia 2:00 Table Games, Cards 3:00 <b>Happy Hour w/ Live Music</b> 4:00 Manicure spa	<p align="center"><b>13</b></p> 10:00 Move To The Beat w/Friends 10:45 <b>Walk on the Bay</b> 1:00 Afternoon Trivia 1:30 Bridge Club 2:00 <b>Sushi Social at courtyard</b> 4:00 Arts/Crafts Station 6:00 Men's Club
	<p align="center"><b>14</b></p> 10:00 Yoga/ Stretch Exercise 10:30 <b>Sacred Heart Church</b> 10:45 <b>Morning Stroll</b> 1:00 Afternoon Trivia 1:45 Black Jack 3:00 Rummikub Challenge 4:00 Pet Therapy 6:00 Sunday Cinema	<p align="center"><b>15</b></p> 10:00 Rock To The Beat 10:45 Morning Trivia 1:00 <b>Courtyard Music/Dance Ice Cream Soda Social</b> 2:00 Bingo Fun 3:00 Beauty Station Hour 3:00 Spades of Fun 4:00 <b>Garden Walk</b> 6:00 Travel channel	<p align="center"><b>16</b></p> 10:00 <b>Gentle Fitness/ Gym</b> 10:45 Morning Trivia 1:00 <b>Town Hall Meeting</b> 2:00 Healthy Living /Nutrition Guide Presentation 3:00 <b>Picnic in the Park</b> 4:00 <b>Outdoor Painting/Craft</b> 6:00 Movie Night	<p align="center"><b>17</b></p> 10:00 Chair Exercise 10:45 Price is Right 11:30 <b>Backyard BBQ</b> 11:00 <b>Coronado Shopping</b> 1:00 Afternoon Trivia 1:15 <b>Scenic Bus Drive</b> 2:00 Bridge Club 3:00 Black Jack 4:00 <b>Swing by Golf</b>	<p align="center"><b>18</b></p> 10:00 Chair Exercise 10:45 Grab Your Quarters & Play Left, Right, Center 1:00 Tails, Tunes, & Trivia 2:00 Prize Box Bingo 3:00 <b>Culinary demonstration</b> 4:00 Monopoly Challenge 6:00 Remanences/ Coffee Social	<p align="center"><b>19</b></p> 9:00 Bible Study 10:00 Chair Pilates 10:45 Riddle Me This 1:00 Afternoon Trivia 2:00 Table Games, Cards, Puzzles 3:00 <b>Happy Hour w/ Live Music Entertainment</b> 4:00 Gentle Massage	<p align="center"><b>20</b></p> 10:00 Move To The Beat w/Friends 10:45 Morning Trivia 1:00 Movie Buffers Club 1:30 Bridge Club 3:00 Church Services 6:00 <b>Casino Night</b>
	<p align="center"><b>21</b></p> 10:00 Yoga/ Stretch Exercise 10:30 <b>Sacred Heart Church</b> 10:45 Coffee & Chats 1:00 Afternoon Trivia 1:45 Black Jack 3:00 <b>Birthday Bash/ Live Entertainment</b> 4:00 Arts/crafts station 6:00 Hollywood Night	<p align="center"><b>22</b></p> 10:00 Rock To The Beat 10:45 Morning Trivia 1:00 <b>Nachos Social / Games</b> 2:00 Bingo Fun 3:00 Beauty Station Hour 3:00 Uno Challenge 4:00 <b>Garden Walk</b> 6:00 Travel channel	<p align="center"><b>23</b></p> 10:00 <b>Gentle Fitness/ Gym</b> 10:45 Morning Trivia-LR 1:00 Taste Testing w/Chef 1:45 Black Jack-HR 3:00 <b>Walk to Tidelands Park</b> 4:00 Book Club 6:00 Movie Night	<p align="center"><b>24</b></p> 10:00 Chair Exercise 10:45 Karaoke Contest 11:00 <b>Shop at Walmart</b> 1:00 Afternoon Trivia 1:15 <b>Scenic Bus Drive</b> 2:00 Bridge Club 2:00 Cranium Crunches 3:00 Canasta Challenge 4:30 <b>Dinner Outing</b>	<p align="center"><b>25</b></p> (Dr. Day & Gym Day)	<p align="center"><b>26</b></p> 9:00 Bible Study 10:00 Chair Pilates 10:45 Who am I 1:00 Afternoon Trivia 2:00 Table Games, Puzzles 3:00 <b>Happy Hour w/ Live Music Entertainment</b> 4:00 Manicure Spa	<p align="center"><b>27</b></p> 10:00 Move To The Beat w/Friends 10:45 Welcome Tea 1:00 Afternoon Trivia 1:30 Bridge Club 2:00 <b>Wine Social</b> 6:00 Computer Group
<p align="center"><b>28</b></p> 10:00 Yoga/ Stretch Exercise 10:30 <b>Sacred Heart Church</b> 10:45 <b>Morning Stroll</b> 1:00 Afternoon Trivia 1:45 Black Jack 3:00 Rummikub Challenge 4:00 Fashion Trend 6:00 Hollywood Night	<p align="center"><b>29</b></p> 10:00 Rock To The Beat 10:30 <b>Viejas Casino</b> 10:45 Morning Trivia 1:00 <b>Milkshake Mania</b> 2:00 Bingo Fun 3:00 Beauty Station Hour 4:00 <b>Garden Walk</b> 6:00 Travel channel	<p align="center"><b>30</b></p> 10:00 <b>Gentle Fitness/ Gym</b> 10:45 Morning Trivia 1:00 Taste Testing w/ Chef 1:45 Black Jack-HR 3:00 <b>Poolside at the Marriott</b> 4:00 <b>Courtyard Music/Dance</b> 6:00 Movie Night	<p align="center"><b>31</b></p> 10:00 Chair Exercise 10:45 Price is Right 11:30 <b>Backyard BBQ</b> 11:00 <b>Coronado Shopping</b> 1:00 Afternoon Trivia-LR 1:15 <b>Scenic Bus Drive</b> 2:00 Bridge Club 3:00 Heads Up 4:00 Netflix Hour	<div style="border: 1px solid black; padding: 10px; text-align: center;"> <p><b>Coronado Retirement Village</b>  <b>299 Prospect Place</b>  <b>Coronado, CA 92118</b></p> </div>			

Location codes: DR- Dining Room    HR- Hobby Room    LR-Living Room    C- Courtyard    B- Bistro    O-outings